

## **Awareness about Pranic Healing,**

### **An alternate System of medicines to cure ailments**

Pranic Healing is based on overall structure of the human body. Man's whole physical body is actually composed of two parts- the visible physical body and the invisible energy body called the bioplasmic body or Aura. The visible physical body is that part of the human body that we see, touch and are most acquainted with. The invisible energy body is that invisible luminous energy body which interpenetrates the visible physical body and extend beyond it by four to five inches.

#### **What is Pranic Healing?**

Pranic Healing is an ancient science and art of healing that utilizes prana or ki or life energy to heal whole physical body. Prana or Ki is that life energy which keeps the body alive & healthy. It's a no touch & no drug therapy.

Pranic Healing is easy to learn and very effective. It has spread throughout many parts of the world: The US, Canada, Asia, Western & Eastern Europe like Germany, Italy, Russia etc. To date, there are 24 Pranic Healing foundations in India covering 22 states.

There are countless realities completely unknown to man. There are countless ways only a few have tried and countless roads which have remained less trodden. Pranic Healing is one of them. It seeks to make known what has been hidden to many for quite a long time.

Pranic Healing offers an invitation, a challenge to go beyond that confines of one's set of beliefs, practices & training in order to pursue man's quest for wholeness and integration.

In spite of tremendous progress made in the field of science and medicine, treatments for ailments like depression, alcoholism, drug addiction, stress, OCD, anxiety, grief etc. are expensive, difficult and take long time to heal.

The aim of Pranic Healing is to complement modern medicine and to help alleviate rapidly the suffering of millions of patient with psychological ailments by using esoteric principles and techniques that have been long hidden.

Pranic Healing has long range preventive benefits.

Pranic Healing focuses on subtle energy field that surrounds the physical body. This energy field is composed of chakras, meridians and various layers of aura where emotional and mental system are embedded. Just as visible physical body has vital organs, the energy body has chakras.

Chakras control, energise and supply life energy to the physical body.

The energy body and visible physical body affect each other. By healing the energy body, the visible physical body gets healed in the process. This is called the Law of Correspondence.

Through clairvoyant observations, a disease can be seen in the energy body before it manifest itself on visible physical body. Pranic Healer can scan or feel the affected part of the energy body. The disease must be treated before it manifest on visible physical body. The emphasis is

on prevention. It is a lot easier and faster to heal the disease when it is still in the energy body and has not yet manifested on visible physical body. The earlier pranic treatment is applied, the faster is the rate of healing.

What Pranic Healing can do?

- It can bring down the temperature of body suffering from high fever in just few hours.
- It can relieve headaches, gas pains, toothache, and muscle pains almost immediately.
- Cough & cold can be easily treated in a day or two.
- Loose bowel movements can be healed in few hours.
- Major illnesses such as eye, liver, kidney, heart problems, can be relieved in few sessions & healed in few months.
- It increase the rate of healing by three times or more than normal rate of healing.
- Its excellent in removing from aura negative thought forms, which come from increasing prevalence of violence and drugs in schools and the workplace.
- Spouses can apply it to their partners after a stressful day at work.
- Workers in toxic environment i.e. hospitals, prisons etc. can use it to decontaminate each other.
- Parents can use to sweep clear their children's auras when they come home from school.

Any healthy person with an average intelligence, an average ability to concentrate, an open but discriminating mind can learn pranic healing in a relatively short period. Learning Pranic Healing is easier than learning to play the piano or painting. It is as easy as learning to drive.

Let Pranic Healing open your mind to the world of subtle energy. Let Pranic Healing spread all over world and help alleviate the suffering of mankind. So be it!

Contact Gp. Capt. S.P. Saxena for further inquiry and for learning Pranic Healing treatment and orientation lecture with demonstration at following address and phones:-

MCKS Yoga Vidya Pranic Healing Trust of UP, Lucknow,  
74, Indraprastha Nagar, Picnic Spot Road(opp. Shadab Colony),  
P.O.- Mahanagar, Lucknow,U.P.

Pin-226006

Mobile-+91-9450501282

Phone- 0522-2323685

Other persons to be contacted

Ms. Mansi Kaushik- +91-8090455807

Mr. Ajit Chowdhary- +91-9838830179