

<https://www.artofliving.org/in-en/lifestyle/success/balance-power-and-responsibility>

Lie style: Why You should know the trick to balance Power and responsibility

The legendary quote from the movie Spider-Man, " **With great power comes great responsibility**" by the comic revolutionary Stan Lee has withstood the test of time and still holds in the age where power has become synonymous with responsibility. Predominant in the life of working professionals, the necessity to balance out between power and responsibility becomes indispensable when it comes to "right" decision-making, for oneself or the organization, en route to progress and change.

The competitive world of corporate is driven primarily by ideality, conviction, invention, innovation, lucidity of thought on the wheels of ambition and determination towards the path of success. But to scale the colossal task, a professional not only has to make capable and responsible decisions aligned with their respective organizations but also endeavour for personal growth. Eventually, the professionals might get caught up in thinking about power and start rushing after it that they misplace the idea about responsibility which comes with power. Results might lead to blatant misuse of power, unwise organizational decisions or crumbling down of the entire team.



Trouble often starts brewing in an organization when wielding of power shifts from making stable and fruitful decisions to developing the belief that power has the key of non-accountability. At times, this may lead to the downfall of an entire organization. **But the perfect balance between power and responsibility bears the fruit of accountability.** When a professional undertake the responsibility and is accountable for it, he or she aligns their mission with that of their organization and incorporates it with the betterment of the employees working under them.

Often, professionals inadvertently dissociate themselves from the ideation of leadership when the flow of work is hindered. The buck is swiftly passed to the external factors like organizational policies when the professionals forget that they hold the power to construct the organizational policies and can make changes that can bring necessary changes to clear the hindrance.



Throwing more light on to the subject of power and responsibility, The Art Of Living corporate teacher, Ajey Vij, explains, "Have you ever observed that a corporate organization is always in the shape of a triangle and wonder who holds the absolute power? Like that of a triangle shape, the hierarchy of power starts with a broad base level of executives at the bottom and ends with the CEO at the peak holding the reins of all the important decisions. The executive at the apex holds the power to hire and fire people, change banking policies or even product lines. So you see, the power increases as you move up in any organizational structure.

When you dig deeper and wonder who holds the absolute responsibility to steer the ship of an organization towards success, you might find power and responsibility are the sides of the same coin. So the buck of power and responsibility stops with the same person at the peak (usually the CEO) of an organizational structure who presides over everybody.

Whether it is an issue of sales tax or income tax or any inquiries by the government, the CEO is always held accountable for making wise decisions to resolve them. Mathematically, power is directly proportional to power so the higher you climb the ladder in any organizational structure the more power you will be vested with.

Professionals get stressed out when professionals lose themselves in the web of power and forget to take up the responsibilities for their decisions and actions or inactions.

There are other instances where you might find professionals complaining a bit too much. The reason behind complaining can be a professional shying away to take up any responsibility.

My two-cent on this subject would be you can obtain power by hard work but to sustain that power you have to develop the capability to undertake its respective responsibility as well."

For honing the skills of developing the capability of shouldering responsibilities with managing power, a professional has to be receptive towards progress which comes along with each responsibility. This can be achieved through the art of meditation. With meditation, one can accomplish on being mindful which benefits in bringing clarity in the thought process. When a professional finds it challenging to manoeuvre through the essence of time, meditation can come to rescue by helping to develop efficiency.

Effective communication with employees while delegating tasks and trust is a crucial factor while handling power and responsibility. Communication and meditation are akin to each other. When you pursue meditation ardently, your communication skills enhance as the mind is aligned with the present with the concentration being focused on each word of the speaker.

En route to progress towards pursuing the goals of the organization, strategizing is essential to take on the bigger work commitments to balance the responsibility. It needs massive decision-making skills for which meditation can be helpful as it not only boost up your intuition skills but also encourages your decision-making skills massively!

To balance the scale of power with that of responsibility, a professional has to go through the arc of developing the capability to shoulder those responsibilities.

Based on the talks by Sri Sri Ravi Shankar

