Advantages of Homeopathy

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- Homeopathy is a complete medical science which compared to other systems has a clear-cut advantage as one can certainly cure psychological, pathological and physiological disorders.

- In today's conventional practice, the physician spends very little time with the patient. He may listen to what is wrong with you and just give some medication for that particular suffering only. But a Homeopath will inquire into the cause behind the trouble and go up to the root of the disease. For example: Your recurring headaches may be due to some other disorder in your body such as constipation or acidity or it may be due to stress. A homeopath will aim to remove the reason behind the headaches such as constipation, etc. or inquire patiently why are you stressed and show you the way out. Homeopathy has some fine drugs to remove the effects of stress and revitalize you so that you can win over the mental stress. Once the stress is overcome, your headaches will certainly disappear forever.

- Usually you may notice that Homeopaths take a detailed history of the patient. This is to dig deep and find out each small cause of all your troubles whether small or big. Often one troubling sickness may be connected to a smaller sickness not recognized by you. If that is left untouched this may also flare up. So, the Homeopath studies the entire scenario encompassing each disorder and treats you for all the trouble at a time.

- Also most advantageous is that all the homeopathic drugs are derived from nature and natural substances and if used under proper supervision it will not have any side effects whatsoever.

- Homeopathy cures by stimulating and restoring body's vital energy to heal itself and when this happens you will be rid of each of your troubles small or big; old or new; it protects you from future troubles too.

- Homeopathy is a holistic science, which cures and heals, rather than just alleviating the symptoms of the disease, and takes into consideration the minutest details of the suffering person. In order to do this, a homeopathic
A physician needs to spend a substantial amount of time with the patient and understand several aspects about him and his life.

- During the process of homeopathic case taking, he not only enquires about the physical ailments in detail but also questions about his general state of health, illnesses in the past and family, his life situation, anxieties and stress, fears, dreams etc. This helps the physician to perceive the diseased person in totality, thereby enabling him to find the right homeopathic similimum (exact remedy) for the patient. It also helps the patient to trust in his physician and develop a good relationship with him.

- Homeopathy is natural. It is based on the law of nature - 'Law of Similars' - like cures likes. i.e. It is a method of curing the sufferings in a diseased individual by administration of remedies that have the capacity to produce similar sufferings in a relatively healthy individual (by symptom similarity). For e.g., if the symptoms of diarrhea are similar to that of poisoning by arsenic then arsenic will be your homeopathic remedy.

- The homeopathic medicines are prepared from the natural substances obtained from the plant, mineral and animal kingdom.

- The patient will not get fed up of taking plenty of medicines as in homeopathy only one remedy is administered at a time. No matter how many symptoms are experienced by the patient like pain in leg, cramps in stomach, giddiness etc. different remedies are not given for each of the complaint. A single remedy is administered which will exactly match to these symptoms experienced by the patient, as homeopathy treats the individual and not each symptom.

- In acute conditions after administration of the medicine it will bring back the lost harmony in a rapid gentle way without producing any complications or side effects.

- The homeopathic medicines do not have side effects when they are used judicially. As the action is at the dynamic level and drug substance is minimum.

- Homeopathy is very safe, even for pregnant women and babies.

- Homeopathic medicines can be taken along with other medications without any side effects of homeopathic medicines.

- Homeopathy works in harmony with the immune system and brings back the lost balance when it is in a diseased state. When the right homeopathic medicine is administered it stimulates the body and produces an action, which is known as
the primary action and then the body will take care of the disease, which is known as the secondary action.

- The effect of homeopathic medicine is best seen in children. When children are put on homeopathy it allows the child to blossom like a flower and even the hereditary tendencies which run in family can be minimized. The homeopathic medicines can be administered in a very simple way and because of its sweet taste kids take the medicines without any fuss.
- It does not lead to something known as drug dependency.
- It improves the overall immunity of the person so he does not fall sick frequently.
- In chronic diseases after the remedy is administered, it will act at a very deep level and will help the individual to fight the disease. We can get good results if the case is properly managed and if the patient commences homeopathic treatment at the onset of the sickness as it gives the original unmodified picture of his illness.
- Homeopathy stimulates our immune system to fight the disease and thus does not suppress the disease. For e.g. when you take cough syrups it suppresses the cough reflex and this cough reflex is the body's attempt to clear the lungs.
- Homeopathy has holistic individualistic approach; it treats all the symptoms as one, it removes the cause of the disease and thus the symptoms treated by homeopathy never recurs.
- This medication can be started immediately even before the investigations are done or the diagnosis is established, thus restricting the progress of the disease and thereby decreases the structural and pathological damage occurring in the body.
- Homeopathy works as a preventive and helps to maintain the healthy state of the individual not affected by the environment. In homeopathy there are medicines, which can be given as a prophylactic medicine that will help the individual to prevent the disease when other family member is suffering from a contagious disease. For e.g. If one child is suffering from Chicken pox, in order to prevent the other child from getting the infection if he is given the indicated remedy he will not suffer from that disease or even if he suffers, it will be in a very mild form.
- Homeopathic medicine can be very useful during epidemics. The remedy that is selected on the symptoms that are characteristic during the epidemic is known as the Genus Epidemicus. This genus epidemicus when given to the people where there is an outbreak will help the people in not contracting the epidemic disease. For e.g. Cholera, Influenza, bird flue and the latest is the corona virus.
- Homeopathy can be used for a wide range of diseases with success, if practiced in the judicial way. Let us make a healthy harmonious living possible through Homeopathy.